

# Polar - Series S710i

## Watch & Time Keeping Functions

- All Polar S-series hrm's share the same time keeping functions

## Heart Rate Monitoring Functions

- All S-series hrm's share the same HR monitoring functions
- **ECG accurate** wireless heart rate
- **OwnCode** - coded transmission
- **OwnCal s** - calorie expenditure
- **OwnIndex s** and Polar Fitness Test

## Memory Data and Functions

- Total exercise time
- Time in target zone (in, below, above)
- Average and maximum heart rate of total training
- Recovery heart rate/time after exercise
- Up to 99 split lap memory
- Lap number indicator
- Lap/intermediate times with heart rate
- Maximum and average heart rate of laps
- Number of intervals with average heart rate of intervals
- Maximum heart rate of interval conclusion
- Calorie & cumulative calorie consumption
- Exercise set (5 settings)
- Date and starting time of exercise session
- Unlimited complete exercise files
- 5, 15 and 60 second HR sampling rates
- Memory capacity 250 hours
- exercise reminder
- Settings lock
- User ID displayed
- IR Data transfer via a Polar serial or USB IR interface
- IrDA compatible data communications
- Uplink
- Precision Performance 4.0 software
- Polar precision toolkit

## Additional S710i Features

- Trip meter and odometer with total riding time
- Average and maximum Speed
- Distance based interval and recovery
- Altitude readout
- Temperature
- Bike mount
- Optional cadence sensor (wireless)
- Optional power output sensor kit



S710i

The new Polar S710i advanced monitoring and memory features for the serious cyclist or multisport enthusiast.



A personal fitness test, performed at rest, that predicts your aerobic fitness level.



Measures energy expenditure levels enabling dietary intake levels to be planned around training.



Automatically tracks laps and intervals allowing you to concentrate on your training performance.



Fast and efficient transfer of exercise data via an IrDA compatible device.



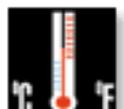
The wireless Polar speed sensor is included with the S710i.



The wireless Polar cadence sensor which measures pedal rpm, is available as an option.



Altitude readout is integrated into the Polar S710i.



Temperature readout is integrated into the Polar S710i.



Power output sensor displays pedalling power (Watts) and power balance between pedals.